Dear Parents and Carers,

Thank you! Thank you! Thank you to everyone who helped us celebrate Week 8 Community Week at Ashbury PS. Our school was certainly a very busy place working together to help raise money for the community garden and the Leukemia Foundation. Excellent to see so many parents and students biking, walking and scooting to school on Wednesday morning, our bike rack was certainly overflowing. It was wonderful to see so many parents and grandparents join us for the Harmony Day activities. All classrooms were full with students proudly including their parents and grandparents into their learning. A huge thank you to everyone who took the time to find that special book that they could buy and donate back to the school. To the staff who provided an incredible morning tea for our guests to enjoy, to the choir who once again performed magnificently, the SRC who assisted and helped clean up and to our fantastic students who all week participated with enthusiasm while remaining respectful in all activities. Once again I say “THANK YOU”.

Dee Stephenson
Relieving Principal
**Relieving Principal Terms 2-4 2014**

I am pleased to announce that Ms Deanne Stephenson will be relieving as Principal of Ashbury PS for Terms 2-4 2014, as a result of Ms Shelley's continuing secondment as a Director, Public Schools NSW. Ms Stephenson's appointment has followed an Expression of Interest local Merit Selection Process that involved submission of written applications and interviews with a panel including a parent, staff member, neighbouring school principal and director.

*Rod Leonarder*
*Director, Public Schools NSW*
*Canterbury Network*
*21 March 2014*

**Message from Sue Shelley**

I would like to take this opportunity to thank Dee Stephenson for her work as Relieving Principal so far this year and know that she will continue to lead the school well with the support of Mrs D’Arrigo, Mrs Mitchell, Miss Asimina, Mrs Azzopardi and Mrs Kaye. It is with very mixed feelings that I have accepted the offer to continue in the role of Director, Public Schools NSW, for the year. It is a wonderful opportunity for my own professional growth and also for the building of capacity within the Executive Staff. I thank you for your support of the school and look forward to watching the school continue to grow and flourish under Dee’s leadership. I also look forward to catching up with many of you at various community events throughout the year.

*Regards,*
*Sue Shelley*

**Around The School**

We are in the process of having some trees removed from our playground. Every year we have our trees checked and this year we will have the removal of a number of trees due to them being diseased or rotting. The school boundary fence is due to start this week. We will also be replacing the fence between the school and the church as it is a WHS issue.

**NAPLAN Information for Parents**

Parents of students in years 3 and 5 please click on the link below to find out some excellent information in regards to the NAPLAN tests for 2014. If you have any concerns, please contact your child’s class teacher or myself. [http://www.boardofstudies.nsw.edu.au/naplan/info-for-parents.html](http://www.boardofstudies.nsw.edu.au/naplan/info-for-parents.html)

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**Pennant winners:**
- Carla 3M
- Maeve 1X
- Jordan 1W
- Jonathon 6/5S
- Tass 4M
- Oliver 4S
- Ivy 1W
- Edward 1W
- Finn 4/3 H

**CONGRATULATIONS!**

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**Notes Sent Home**

**This Fortnight:**
- Harvest Festival
- ICAS Tests (Yr 2 to 6)

*If you missed out on any of these notes they are available on our website.*
Harmony Day

Thank you to all our families who joined in our Harmony Day celebrations on Thursday 20th March. It was lovely to see so many grandparents, great grandparents, aunties and uncles, as well as parents enjoying the morning. The SRC worked hard to help organise the event. Visitors enjoyed spending time in classrooms and were treated to a fantastic morning tea, where they heard some amazing poetry and the choir singing beautifully.

We were overwhelmed by the generosity of families who donated books to the school, or purchased books for themselves at the book sale set up by Shearer's Bookshop. We received almost $1500 worth of donated books, plus we will receive a commission on the other sales made on the day. Thank you very much, everyone!

Grace Kaye  
Teacher Librarian

On Thursday the 20th of March Ashbury Public School Held a special Harmony Day morning tea for family and community members. The lovely SRC greeted the guests at the gate and then showed them the way to the library where they could either buy or donate books. After that the guests had the opportunity to visit the classrooms and have a look around. At ten o'clock they made their way to the hall for a morning tea organised by the SRC executives and staff. We were lucky to have four amazing students from literacy enrichment Luca, Zoe, Auron and Yuki to read out their amazing poems about harmony day. We also had Ms Bayndri an and her lovely choir perform *My Island Home*. Then the guests finished their morning tea and said goodbye to their family members.

Parents, grandparents and friends enjoying the morning tea.

Classrooms were a hive of activity with lots of visitors in the morning.

Four generations celebrating Harmony Day
Harmony Day 2M
These poems were written by students in the Creative Writing Literacy Group. Some of the poems were also read out at the Harmony Day Celebrations at school and enjoyed by the many visitors including grandparents, parents and community members.

**Harmony Day**
A forest of cultures
Each day a new shrub appears
Working together
A tightly woven friendship of continual change
Nation to nation
Equality
Everyone is worth the same
And should be respected and valued the same
Australia
A country of multiculturalism
We are not so different
Harmony
Equality
Friendship
A world-wide celebration of acceptance
Standing together as one, united
A single light that will never go out.

*By Finlae G*

**Harmony Day**
Harmony Day
A day of peace
Harmony Day
Accepting our differences
Celebrating everywhere
At home
At school
We help each other
Stop racism
Include others
Stop violence
And learn to co-operate
With everyone

*By Cara*

**Harmony Day**
Australia might be small
Compared to Russia or China
But we’re not just one country
We’re hundreds woven together
From Auckland to Argentina
To the Alps and beyond
They’ve all come here and found
A better life to enjoy
From Ethiopia to England
To every little island
They’ve all come here and celebrated
Life in a nation of nations
But some have been here all along
Our indigenous ancestors and fellow Aussies
The true founders of our country
Standing side by side
With all the other cultures
Deserving equality too
And that’s exactly what they receive
Here in Australia
Not just on one special day
But all the time, working together
To build an entire world
A world of respect and tolerance
A world of hard work and selflessness
A world of multiculturalism

*By Rosie M*
Harmony Day
Nations come and work together
We can lend a helping hand
To make our land greater, stronger
To make all welcome in Australia

Australia, a land of beautiful sounds
Where people work together harmoniously
Working together to enrich our culture,
To create a united land

_By Luca_

Harmony Day
Where the colourful patchwork quilt of nations comes together as one,
A day of harmonious chords-
Different people working together in different ways to form our country,
A day when peace is second nature,
When equality is essential,
A day when racism is unheard of,
Like it’s always meant to be,
When others are just as important as you are,
When cheerlessness is replaced by cheerfulness,
This is Harmony Day.

_By Zoe_

Harmony Day
_A day when cultures bloom,
When we water the seeds the indigenous people planted,
And everyone is united.
Toward equality
We all work,
No one is left out.
Everyone is different but the same,
Together as one,
We weave our stories into our nation.

_By Yuki_

The Australian Tree
Our roots have been in the ground forever
We evolved together.
Together we can do anything
On our own we are nothing.
The tree becomes bigger and stronger every day.
Every leaf on the tree is different,
Each with its own dream, its own path
to follow in peace.
They look after each other, no matter what.
There will always be more room on the tree.
No one is shut out.
We should never forget our roots.
Always stick together.
United as one.

_By Lizzy K_
Peer Support 2014

Peer Support started again this year on Tuesday 18th March. Peer support is where a group of children from kindergarten to year 5 get together to talk about friendship and acceptance. These groups are run by a year six leader. This gives the year 6's a chance to learn how to be a good role model. The year 6’s are trained and are learning fast. Peer support is a great way for students to interact with other students from different years, meet new people and learn some handy skills about how to be a good friend.

By Lizzy and Grace

Zone and Regional Swimming Carnival Report

The Zone Swimming Carnival was held on March 3rd and started off as a great day. There was the warm-up session from 9.00 to 9.30. At 9.30 the big moment had come and we had relays up first - the seniors then the juniors. The senior boys really had some great swimmers in Sandro, Geoffrey, Martin and Luke. The senior girls went very well also. The junior girls made it to the Regional Carnival. The team consisted of Samantha K, Holly, Kylani and Alexandra. The junior boys swam well but unfortunately they missed out by one position. Their names are Louis, George, Henry and Benjamin. We would like to thank the time-keepers on the day, the people who helped out and Mrs D’Arrigo, who ran the carnival. Earlwood PS came 1st, Beverly Hills North PS came 2nd and Ashbury PS came 3rd out of 18 schools. It was a fantastic day. The following people qualified for the Regional Carnival, which was held last Wednesday 19th at Homebush – Nell, Samantha K, Elizabeth, Kylani, Olivia, Alexandra, Sandro, Geoffrey, Holly and Benjamin. Everyone swam very well on the day.

By Louis and Henry

Some of our talented swimmers at the Regional Carnival
MATHS with 1W

During the week I had the opportunity to teach 1W “hands on Maths”. We had a great time. The focus was on counting, solving problems and having fun. I believe that we achieved all three things. The great thing about Maths is that it occurs everywhere and is so simple to integrate into everyday activities and learning. The next time you are out walking or shopping have a chat with your child about numbers, shapes, cooking and money and how they all play an important part in our life. “Hands on learning” is the way to go especially in the area of Maths.

Miss Stephenson

Crazy Hair Day

On Friday 21st March, the SRC held “The World’s Greatest Spray” to raise money for the Leukemia Foundation. We began at 8:00am and ended at 9:15am. This is the third year that the SRC has hosted this event and so far it is the most successful. We raised $816.85 this year and the SRC would like to thank all the people who participated.

By Frances and Calvin
SRC reps 4/3H
St. Patrick’s Day at the Community Garden

On the 18th of March, 2014, many Ashbury students and parents were in the garden for the St. Patrick’s Day planting out. We planted lots of peas and sweet peas. There also had to be a lot of watering, as the new plants were thirsty and needed water to open out. The teachers helped too, and among the busiest figures were Mrs Mitchell and Ms Bayndrian, taking photos and organising the event. The Community Garden made $355 from the fundraiser. All in all it was a fun and happy day.

By Jonathon 6/5S

Uniform Shop Volunteers - urgently required!

We are currently looking for a few more volunteers to help us out at the School Uniform Shop on a Thursday afternoon from 3pm - 3.30pm. You would be rostered on for two afternoons per term, on dates that are suitable to you, with other friendly parents/carers. This is a great way to meet new people and assist in providing an essential service for our children. If you are able to help, please contact Louise on 0410 309 699.

Ashbury Drama

Saturday drama classes for both Stage Three and Year 4 students will be held in the hall at Ashbury Public School this year. These classes will start at the beginning of Term 2. The Saturday classes are known as Stage Stuff. Enrolments have been good, but there is still space for a few more students in both classes. Parents of interested students should email me at davidbaldwin@aapt.net.au. Let me know name of child, which class at Ashbury, plus mobile contact number. Please notify me as soon as possible. The Year 4 class will start at 12.30pm and the Stage Three class at 2pm. We have just finished our first year of Stage Three Stage Stuff classes. I am offering to run a Year 4 class because I will no longer be running classes within the curriculum during the school week at Ashbury this year. The cost is $20 per student per class. Games, scene work, voice training and much of the kind of work I covered in the classes last year at Ashbury are included in Stage Stuff.

David Baldwin

Piano Teacher
Barbara 9763 2492
Exams with the Australian Music Examination Board
$30 for a 45 minute lesson
COMMUNITY GARDEN NEWS

In week 9 of this term students in Stage 2 will be the first stage to cook in the Kitchen Garden this year. They will be observing how heat is used with cooking and how heat can change products. This is a wonderful “hands on” opportunity for our students. In order for this to be a success we are asking for at least 3 parent volunteers for each session to assist with the preparation and cooking.

The timetable is as follows:

**Thursday 27 March**
- 9:20 - 10:30 4M
- 11:20 – 12:30 3S
- 1:30 - 2:20 4/3 H

**Friday 28 March**
- 9:20 - 10:30 4S
- 11:00 – 12:00 3M

Please contact your child’s teacher if you are able to assist.

Attention all Green Thumbs

The Community Garden has some fantastic organic mushroom compost surplus to their requirements for sale @ $15 for a large bag or $100 for a trailer load (delivery included).

Contact Stuart Gibb on 0419 199 758. It’s the perfect time to add compost to your garden so don’t miss out!

Urban Beekeeping Workshop

Are you interested in keeping bees (European or native) but don’t know where to start or just want to know more about these fascinating insects?

The Community Garden is holding an Urban Beekeeping Workshop 10am – 1pm on Saturday 12th April. The workshop will be run by our very own beekeeper Stuart Gibb and is only $35 for members of our school community and $55 for the general public with all proceeds going to the Community Garden. Contact Stuart on 0419 199 758.

LAST CHANCE TO AUDITION FOR THE Voices of Sydney CHOIR

*Voices of Sydney Choir* (formerly Sydney Region Choir) is an auditioned and official DEC choir for public school students from Years 5 – 12, with great performance opportunities.

- If you like to sing and would like to sing in a choir, and
- If you would like to perform in great events (including the 2014 Schools Spectacular)

Then come along to a weekly rehearsal before the end of this term and join the rehearsal.

- Tuesday afternoons at Sutherland Public School. 4.00pm-5.30pm (Deb and Therese)
- Thursday afternoons at Darlington Public School 4.30pm – 5.45pm (Kipi and Helen)

Please ring, text or email to find out more - or turn up to a rehearsal and meet the choir.

*Heather Causley Manager - 0400 808 603 causleys@bigpond.net.au*

More information on the website [www.sydneyregionarts.det.nsw.edu.au](http://www.sydneyregionarts.det.nsw.edu.au) – Music Programs-Sydney Region Choir (the 2013 information is still current for this year).

Lost Property

All lost property is located outside 2M’s room, the first classroom downstairs. Historically we have had an enormous amount of lost property. Please ensure that all property is clearly labelled with your child’s name and new class. This ensures a speedy return of property.
“Music is the strongest form of magic.”

— Marilyn Manson

Keep up to date

Dear all, welcome to the next issue of Tuning notes. This edition is short and sweet. For minutes of the last band meeting, or to download any lost forms, please refer to our website http://www.ashbury-p.schools.nsw.edu.au/bandelcome. The next band meeting is this coming Monday night, 7:00 in the staff. Agenda items include: band camp; band storage and rehearsal space, and maintenance of band roles. Would be great to see you there.

**BAND CAMP**

All forms for band camp are due ASAP. Please place completed forms in the band box, situated just outside the school office. If you have misplaced your pack, all forms can be downloaded from the website. Band camp fees have increased this year, in keeping with the 19.6% fee increase relating to the conductor, and raised venue hire costs. Fees this year are $230 up front, or as a staggered payment $180/$50. Please refer your pack for details. Thanks again to Kate O’Sullivan for the huge amount of work you have done to facilitate this event for our children.

**VOLUNTEER NEEDED:**

Missed out on helping with band camp, or wanting to contribute a bit more to our great band program? We are looking for a volunteer to take on the role of registrar, and keeper of the band lists. If you are able to take on this role, please contact Maria on treasurer@ashburyband.org.

**HOUSEKEEPING:**

Please note that if your child is unable to attend their music (instrumental) lesson, then you need to contact their instrument teacher directly. You do not need to advise the school. If your child is unable to attend a band or ensemble rehearsal, then you need to contact the school to advise them, and they will pass the message on to Mr Isaacs. This is especially important for children in bands immediately after school.
REMINDER RE. PARENTAL SUPERVISION
A special reminder that as part of the band program, and in keeping with duty of care requirements by the DEC for activities occurring on their lands, a parent, or responsible adult is required to be in attendance at all student’s instrumental lessons.

PUNCTUALITY
Please respect our volunteers who give up their time to supervise band rehearsal by being punctual in collecting your child.

SUBSCRIBE TO THE BAND CALENDAR
Wanting help to stay organised around band dates? Why not subscribe to our calendar. Please go to http://www.google.com/calendar/ical/admin%40ashburyband.org/public/basic.ics for full details.

WHO TO CONTACT:
Parent liaison: Magdalen contact@ashburyband.org
Training Band: Emily emily@masimedia.com
Intermediate band: Michelle mioxx@hotmail.com
Concert Band: Louisa louisa1001@yahoo.com
Jazz Band: Ariane ariane@g2enhance.com
Treasurer: Maria treasurer@ashburyband.org
Chairperson: Jodie jgoldn01@gmail.com

Please remember that all of these people are volunteers, so please be respectful of their time, and generosity in taking on these roles. As first point of call, please refer to our website for any information regarding forms, rehearsal times etc.
Tuning Notes
Ashbury Public School Band Newsletter

DATES FOR YOUR DIARY:

• **Band Meeting**: Monday 24th March, 7pm, Staff room
• **Jazz in the Garden**: Sunday 30th March, jazz students to arrive at 2:15 for set-up. Festivities begin at 3:00.
• **Band Camp**: Saturday 5th April-Sunday 6th April.
• **Band AGM**: Monday 7th April 7pm, APS staff room
• **Jazz band workshop**: Monday 14 July, 9:00-3:00, APS, details TBA
• **Band Festival**: (all bands) Saturday 26th July-Sunday 27th July. Details TBA.
• **Showcase**: Tuesday 29th July: Details TBA
• **Jazz in the Garden**: Sunday 26th October, details TBA.

**Band Timetable**
• Monday 7:15-9:00 Intermediate Band
• Monday 3:05-4:15 Jazz Band
• Tuesday 3:00-4:15 Percussion Ensemble
• Tuesday 4:20-6:00 Concert Band
• Thursday 4:50-6:00 Training Band
Press release:

The School Canteen is proud to announce we have introduced Dietitian and Exercise Scientist Sarah Perkins of Eat Play Live to our team to help make The School Canteen even healthier.

Sarah has been through our facilities and praised The School Canteen for bringing food back to basics. Age old recipes have been tweaked and filled with veggies to increase their nutritional value. An example of this is the Napolitana pasta sauce fact: Did you know this sauce contains lentils, spinach, onions, garlic, carrot, celery and basil for added nutrition. Food is freshly prepared from scratch in a kitchen not a factory leaving out the nasties that children don’t need (Artificial colours, flavours and preservatives). Age appropriate serving sizes, healthier snack options, low added sugar and salt content are more positives to come from this kitchen.

About Sarah

Sarah Perkins is a qualified Dietitian (APD) and a member of Dietitians Association of Australia, she completed her Bachelor of Science Exercise and Sports Science and Bachelor of Science Nutrition (Honors) at Sydney University.

Sarah has a passion for helping people achieve their nutrition and exercise goals and loves making a difference to people’s lives. Sarah enjoys working with adults, children and teenagers of all ages and helping them to make changes that will provide the results they are after. She endeavour’s to make changes to the food supply system and has a passion at setting children up for lifetime of healthy eating!

Eat Play Live is a holistic dietetic and exercise centre which looks at the individual and what will work in terms of lifestyle, diet and exercise for that person. To contact Sarah please follow the email link on our website www.theschoolcanteen.com.au

Mention The School Canteen to receive $20 off your initial consultation valid only for members and families of our schools
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Famous Programme
FREE RACQUET FOR NEW STUDENTS

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CALL NOW
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Autumn Holiday Program @ Croydon Tennis Centre

- **Autumn Camp: 14th – 17th April 2014**

Choose from our Variety of Holiday Programs:
- MLC Tennis Hot Shots Camp
- MultiSport & Fun Fitness Camp
- Intensive Swimming
- PREP Gross Motor Skills Tennis Camp (3-5 year olds)


**Phone: 9747 4259**

**Camp features:**
- Low student per coach ratio
- Qualified Coaches & WWC checked
- Sausage Sizzle Daily (full day Camps)
- Structured Skill Level Programme
- Supervised swimming in our Indoor Heated Saltwater Pool
  - Attendance Certificate
  - Aftercare Service Available...

**MLC Tennis Hot Shots**
**Junior Development Programme**
Let's kids learn the sport quickly and easily, build their confidence and also gets them active through playing sport.

**After school classes Monday thru Friday**
**Saturday and Sunday morning classes**

**WOMENS HEALTH YOGA**
Our program is run by Kelli Howard
Suitable for beginners, classes are tailored for individual group needs.

43 Brighton Street, Croydon, NSW, 2132
**Phone 9747 4259**
info@croydontenniscentre.com
www.croydontenniscentre.com.au
Parenting & Wellbeing Workshops
at The Infants’ Home, 17 Henry Street Ashfield
Calendar—Term 2, 2014

Bringing Up Great Kids for Parents/Carers

Mondays, 10:00am-12.30pm
28 April - June 2, 2014 (6 weeks)
Course cost: FREE
Free child-minding

Facilitators: Eithne Stack (Psychologist/Family Therapist)
Felicity Mehan (Clinical Nurse Consultant) - SLHD

The “Bringing up great Kids” program uses ideas of mindfulness and reflection to support parents to review and enhance their interaction and connection with their children.

Through the program parents of 0-10yr olds will explore:

- The origin of their own parenting style
- Important messages that children communicate to their parents and how they do this;
- The importance of building self-esteem in children
- Ways for cares/parents to take care of themselves and to find support when they need it

For more information or to register contact:
Alicia (Mon /Tues/Wed)
9799 4844 or apaciocco@theinfantshome.org.au

This course is run by The Infants Home working in partnership with Sydney Local Health District– SLHD

Tuning in to Kids for Sole Parents

Thursdays, 10:00am-12.30pm
1st May - June 5, 2014 (6 weeks)
Course cost: FREE
Free child-minding

Facilitators: Freda Botica (Family Support Worker)
Ann Vlotis (Family Support Worker) and
(Inner West Family Connect/Metro MRC)

This 6 week course will allow parents & carers of 2-8 year olds to explore how to:

- Talk with and understand your child
- Help your child learn to manage their emotions
- Help your child deal with conflict
- Help your child develop emotional intelligence

For more information and to register contact:
Suzie (Thursdays & Fridays)
9799 4844 or szicat@theinfantshome.org.au

This course is presented by
The Infants’ Home in association with:

Stepping Up
Creative Wellness Workshops for Women/ Art Therapy Workshop

Fridays, 10am—12pm
2nd May - June 7, 2014 (6 weeks)
Total cost for course $50 (negotiable)
Child minding $5 per session

Facilitator: Pensri Rowe (Art Therapist)

The group will explore the connections we have to our own creativity. No previous artistic experience is required. It is more about the process and what we can learn about ourselves through our art making, than being artistic or needing to make a pretty picture.

In the group we will use painting, drawing, collage and clay to explore our inner life. The process encourages mindfulness, and helps develop more clarity and confidence in understanding who we are and how we experience the world.

It is an opportunity to connect with others through sharing and enjoying the art making process.

For more information and to register contact:
Emma (Mon /Wed /Fri) on
9799 4844 or estanton@theinfantshome.org.au

This course is run by The Infants Home working in partnership with Sydney Local Health District – SLHD
Does your child sing, think they can sing, OR has always WANTED to sing?

Join our Young glee CLUB

Enrolling now!

Phone: 02 8084 4179
E-mail: michellespianos@gmail.com
Website: www.michellespianostudio.com.au

PIANO LESSONS, VIOLIN LESSONS, MUSIC THEORY CLASSES, AMEB EXAMS PRELIM- GRADE 8, MUSIC EXPLORERS (3-5 YRS)